

January 2017 @ The Oxbow Eco-Center

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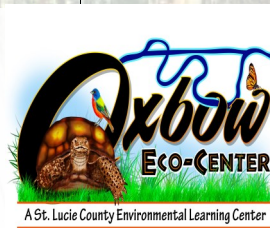
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(772) 785-5833
www.oxboweco.com
5400 NE St. James Drive
Port St. Lucie, FL 34983



10:00am
Homeschool Day @ the
4-H Farm

7:00pm
St. Lucie Audubon
Lecture

10:30am Tai Chi

5:00pm
Becoming a
Naturalist Course
Part 1

9:00am Guided Hike

10:00am J.O.E.-
"Animals We Love to Hate"

10:00am
Becoming a
Naturalist Course Part 2

3:00pm Critter Crunch & Munch

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10:00am
Garden Buds
"Pizza Garden"

3:30pm
Make Them Work
"Jumping"

3:30pm Tales & Trails

9:00am Guided Hike

9:00am Audubon Field Academy

3:00pm Critter Crunch & Munch

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9:30am
Families Exploring
Archery

2:00pm
Pop Rock & Roll
"Limestone"

3:00pm Jr Butterfly Club

10:30am Tai Chi

9:00am Guided Hike

9:30am Dirty Hands Day

10:00am Art Class- Baskets

1:00pm Art Class- Chainmaille

3:00pm Critter Crunch & Munch

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10:30am Tai Chi

9:00am Guided Hike

9:00am Audubon Field Academy

3:00pm Critter Crunch & Munch

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January 2017

Guided Hikes Every Sat. (Jan. 7, 14, 21 & 28) @ 9:00am. Enjoy a guided hike through the wilds of the Oxbow trail system and be enriched with the biodiversity this preserve has to offer. Show up at 9am ready to hike! Appropriate for all ages, FREE.

Tai Chi for Health - Fri. (Jan. 6, 20 & 27) @ 10:30am. Described as the 'perfect exercise,' Tai Chi for Health is designed for young and old alike, physically fit or challenged and especially good for those who suffer from arthritis, diabetes, osteoporosis and balance issues. Classes are taught by instructors Hilde and Hector Ruiz-Puyana. \$12 per class or \$40 for 4 classes. Appropriate for ages 16 and up. RSVP a must.

Critter Crunch & Munch- Sat. (Jan. 7, 14, 21 & 28) @ 3:00pm. Bring something to snack on while you watch the Oxbow's animal ambassadors enjoy their favorite time of day -- meal-time! Appropriate for all ages, FREE.

Homeschool Day- Down on the Farm@ the 4-H Farm, Thurs. Jan. 5th @ 10:00pm. Students of ALL ages will learn about where their food comes from, different gardening techniques, and have an exciting hands-on experience with some of the Farm's animals. Please RSVP directly with 4-H at (772) 462-1600. Cost is \$2/student.

St. Lucie Audubon Society lecture- "St. Lucie Estuary/Southern Indian River Lagoon, Water Resource Summary" Thurs. Jan. 5th @ 7:00pm. Kathryn LaMartina, South Florida Water Management District Regional Representative, will be explaining the District's systems in the Treasure Coast, how we got to where we are today regarding water management, how and why we have fluctuations in water levels and water quality and what is being done to enhance water resources. FREE

Becoming a Naturalist Course (2 part series), Fri. Jan. 6th @ 5:00pm and Sat. Jan. 7th @ 10:00am. This 2-part workshop combines hands-on classroom experience with observational field excursions to give you an enjoyable introduction to Florida's ecosystems and wildlife with an emphasis on the biodiversity at the Oxbow Eco-Center. Whether you're a beginning naturalist or just looking for a refresher, this is a great opportunity to become familiar with one of St. Lucie County's most treasured preserves. \$30/participant RSVP a must.

Junior Oxbow Explorers- Animals We Love to Hate, Sat. Jan. 7th @ 10:00am. This program features the animals that are most often feared and disliked: spiders, scorpions, and snakes. We will dispel myths and include natural history facts which show how beneficial these animals are. Special guests *Super Predators* will be bringing live animals. Appropriate for ages 5 and up, \$5/participant RSVP a must

Garden Buds- "Pizza Garden"- Mon. Jan. 9th @ 10:00am. The Oxbow Eco-Center's January Garden Buds will focus on "pizza gardens". This class is designed to teach children about where their food comes from by using something they love to eat...PIZZA! Did you know Americans eat about 100 acres of pizza each day? Join us as we plant a pizza garden right here at the Oxbow. Cost is \$5/class and is appropriate for ages 2-6. - RSVP a must.

Make Them Work!" Jumping" - Tues. Jan. 10th @ 3:30pm. The upper part of an insect's leg is the femur. Bush crickets have big femurs to house their powerful muscles. Make a model bush cricket, with rubber band muscles, and watch it jump. Cost is \$5/class and is appropriate for ages 7-12- RSVP a must.

Tales & Trails- Thurs. Jan. 12th @ 3:30pm. Join Ms. Phyllis for a story time adventure and then take a hike in the butterfly garden or down the boardwalk to see what kinds of animals you can spot. Each month the story changes but the fun never stops! Ages 2-6, FREE

Audubon Field Academy - Sat. Jan. 14th & Sat. Jan. 28th @ 9:00am. This is a 2-year program with 8 classroom sessions taught by Florida Master Naturalists and other local environmental experts. Participants will receive a Birding Naturalist Certificate from Audubon of Martin County. To register contact John Nelson @ (772) 485-8129. RSVP a must

Families Exploring Archery - Sun. Jan. 15th @ 9:30am. Join the Oxbow for a basic introduction to recreational archery. Instruction will include classroom session and range time. This is an adult program for ages 15 & up, however family sessions will be offered in the future. Cost is \$10/person for anyone planning to participate on the range (shooting equipment will be supplied). RSVP required.

Pop Rock & Roll -"Limestone"- Wed. Jan. 18th @ 2:00pm. While limestone may seem like nothing more than a plain old rock, this mineral is actually quite interesting. Join us as we explore the amazing qualities of limestone, and explore a variety of these rocks. Cost is \$5/class and is appropriate for ages 7-12.- RSVP a must.

Jr. Butterfly Club- Thurs. Jan. 19th @ 3:00pm. Join the Club! Become part of the Oxbow's Junior Butterfly Club and learn about butterflies, other wildlife, and gardening while gaining great leadership and team-building skills. The club meets the 3rd Thursday of each month @ 2:00pm. Cost is \$5/class. Appropriate for ages 5-15 Contact: Marionross2011@hotmail.com

Dirty Hands Day- Sat. Jan. 21st @ 9:30am. Plant a tree, pull some weeds, clear a trail, and get your hands dirty at the Oxbow Eco-Center. This volunteer opportunity is designed for community groups or individuals who are looking to make a difference in their community through environmental stewardship. Dirty Hands Day will be held every third Saturday of the month and the project will vary depending on the needs of the Oxbow Eco-Center and Preserve. Ages: Open to all ages, but volunteers under 15 must be accompanied by an adult.

Art Class- Making Natural Baskets- Sat. Jan. 21st @ 10:00am. All ancient civilizations produced baskets. Not only were they useful in their daily lives, baskets were used in religious ceremonies, buried in graves, and elaborately decorated to become cultural art forms. Step into the past as Barbara Fuller introduces the art of basket-making using natural materials. The cost is only \$20 and includes all supplies. Appropriate for ages 13 and up Space is limited, so RSVP is a must.

Art Class- Chainmaille Sat. Jan. 21st @ 1pm. Chainmaille is more than mesh shirts worn by medieval knights. Bring your creative mind, and make a truly unique chainmaille piece for yourself or someone you love. Instructor Bobbie Richards who has been designing and making jewelry for many years. She will show you how this ancient craft can be colorful, edgy and elegant. These stunning chainmaille bracelets prove this ancient art form is not just for knights. The cost of this workshop is only \$25 and all supplies are included. Appropriate for ages 13 and older; RSVP a must

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